

20. My child's ability to control impulses is <i>not improving</i> with age.				
• ORGANIZATION				
21. My child's school work, belongings, time-management, personal functioning seem very disorganized.				
22. When my child is working on his own hobbies or creating his own projects he is extremely organized.				
• EMOTION				
23. My child <i>overreacts</i> to minor disturbances				
24. My child is easily bored.				
25. My child shows rapid mood swings.				
26. My child has difficulty adjusting to sudden changes in routines.				
• ACTIVITY LEVEL				
27. My child's activity level is inappropriate for the situation, for example, she has difficulty sitting still in class, in church, and during meals.				
28. My child is restless, fidgets, squirms.				
29. My child seems always on the go as if driven by a motor.				
30. My child seems sluggish, lethargic, and unmotivated.				
TOTAL CHECKS FOR EACH COLUMN				
SCORE: (The total Number of Checks For Each Column multiplied by 0, 1, 2, and 3 respectively)	x 0 = 0	x 1 =	x 2 =	x 3 =

TOTAL = _____

Interpretation:

This questionnaire is designed to help you organize your thinking about your child. You can use the total score to track your child's symptoms over time. If you only have checks in the "A great deal" and "Almost always" columns for positive items such as numbers 1, 2 and 22 then ADD is probably not a problem. On the other hand, if you have a great many of the other items marked in the "A great deal" and "Almost always" columns then it may be advisable for you to take this questionnaire and discuss your observations with a professional. (Hyperactive children will have higher scores than children who don't have hyperactivity.)

Remember too that your child's age may have an effect. Younger children usually have higher scores.

Why are there more items under the first two topics?

Attention Span and Spontaneity cover the major symptoms of ADD. It becomes increasingly difficult to separate other behavior disorders from ADD when we ask questions about Organization and Emotions. Activity level can be average or at either extreme, hyperactive or lethargic.

1. My child's symptoms are accompanied by anger and a defiant and oppositional attitude.				
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Why One Last Question Which Is Not Added Into The Score? ADD is a *very different* problem than Conduct Disorder and Oppositional Defiant Disorder. In the ADD-Q we want to emphasize ADD but also recognize that your child's scores can be a great deal higher if your child is angry and has other behavioral difficulties.