

THE ADD-Q

Thompson, Thompson & Sears

Child's Name: _____ Date: _____ Grade: _____ Date of Birth _____ Age: _____ QUESTIONS: (Place a check '√' in the appropriate column for each item)	Never or very rarely	Some- times	A great deal	Almost always
• ATTENTION SPAN				
1. When my child is deeply interested in an activity I have difficulty dragging her away.				
2. My child <i>does</i> pay attention to things <i>he</i> wants to do.				
3. My child has difficulty paying attention to things <i>I</i> want her to do.				
4. My child has difficulty paying attention to things <i>others</i> (e.g., teachers) want him to do, such as instructions.				
5. My child day-dreams, drifts into her own little world, oblivious to what's going on.				
6. My child notes unimportant details which interest him, yet misses the main idea.				
7. My child doesn't pay attention to <i>important</i> details and often makes careless mistakes when doing school work.				
8. My child's school grades do not reflect her true ability - she underachieves.				
9. My child is inconsistent in his work and behavior. He is fine one day but not the next.				
10. It is hard for my child to follow routines, such as getting ready for school or getting ready for bed.				
11. My child gets easily sidetracked from a task someone else asks her to do, such as homework or household chores. (e.g., On her way to brush her teeth she stops to examine a bug on the wall.)				
12. My child honestly forgets to bring her assignments home. ("Forgetting" is NOT done in an angry or oppositional manner most of the time.)				
13. My child needs a lot of supervision to complete assignments (school work, chores) which require sustained attention.				
14. My child's attention span is <i>getting worse</i> relative to other children the same age.				
• SPONTANEITY				
15. My child fails to think through what he is about to do or say; that is, leaps without looking.				
16. My child has difficulty waiting for a turn, (for example, interrupts others, blurts out answers before a question is completed.)				
17. My child has difficulty waiting in line, sharing, cooperating.				
18. My child often gets into potentially dangerous situations.				
19. My child has difficulty waiting for rewards or delaying gratification. (She wants the toy, to go biking, and so on, <i>NOW!</i>)				